

*The word is near you,  
In your mouth and in your heart.*

- ROMANS 10-8

## Is Your Heart AWOL?

Lk 6:17-26

**THERE'S A LEGEND ABOUT A WISE OLD DOG** who saw a puppy chasing its tail. "Why are you doing that?" he asked.

The pup replied: "I've studied the wisdom of the ancients, and I've learned that true happiness for a dog is in his tail. Therefore, I'm chasing my tail, and when I catch it I'll be happy."

"My son," said the old dog, "I too have judged that happiness is a fine thing for a dog and that happiness is in my tail. But I've noticed that when I chase it, it keeps running away from me. But when I go about my business, it follows me everywhere."

**THERE'S A RESTLESSNESS** in us that keeps us distracted and searching for something more. Deep inside there's an empty place, and in the course of time we try filling it with all sorts of things. Sometimes we succeed in taking the edge off our hunger, but always the emptiness returns and with it disappointment. And so we go our weary way, only half present to the people around us, searching for we're-not-quite-sure-what, and missing the very heart of life.

This painful restlessness of ours may seem a curse, but in fact it's a blessing. For it's nothing less than God himself calling us from deep within. He's reminding us that the only thing that can ever satisfy us is an undying bond with Him, the One who gave us life and who gives it to us still – from moment to moment.

No matter who or where we are, our life's work is always the same: to keep that bond with our Creator alive – He is the Ground of our being – and to learn from Him how to do what He does. And that is to be life-givers, to befriend one another into wholeness, to build up good people – and good bridges to connect them. It isn't easy or fast work, but it's the great work of our lives. And if we give it our full attention and our whole hearts, our bonds with the Lord will grow deeper and deeper, our hearts will be filled with many loves, and happiness will follow – as surely as a tail follows a dog!

The ancient Romans had a saying that's a shrewd formula for a happy life. "Age quod agis," they said. "Do what you are doing – with all your heart and all your might." They were right!

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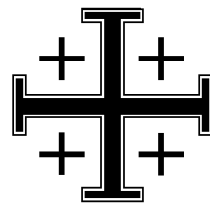
**IT'S TIME FOR YOU** to be about the noble work that God has given you: giving life as only you, with your special gifts, can do. Do that with all your heart and all your might, and the happiness that so often eludes you will surely be yours. – MSGR. DENNIS R. CLARK

This homily is also available in audio at [www.vincentcatholic.org](http://www.vincentcatholic.org) and video at [www.goodnewssunday.com](http://www.goodnewssunday.com)

# ST. VINCENT CATHOLIC CHURCH

4077 IBIS STREET, SAN DIEGO, CA 92103 | V: 619.299.3880 | F: 619.299.9509 | VINCENTCATHOLIC.ORG

**REV. MONSIGNOR DENNIS R. CLARK, PH.D., PASTOR**



### Saint Vincent Catholic Church

**Office Hours**  
Monday-Friday 8:30am-4:00pm  
v: 619.299.3880 f: 619.299.9509  
www.vincentcatholic.org

**Music Director** Dag Munck

**Saint Vincent School**  
4061 Ibis Street  
San Diego, California 92103  
v: 619.296.2222 f: 619.296.2763  
www.svscatholic.org

**Principal** Sr. Kathleen Walsh

**Fr. Clark's Daily Homilies**  
www.catholicexchange.com

**Mass Schedule**  
Monday-Friday 7:30am  
Saturday Evening 5:00pm  
Sunday 8:45am, 10:30am  
**Holy Day Masses**  
Vigil 5:00pm  
Morning: Check Bulletin  
**Confessions**  
Saturday 4:30-4:45pm



Catholics of all ages are urged to abstain from meat on the Fridays of Lent. Also on Friday, Catholics (ages 15-59) are encouraged to fast, that is to eat one full meal and two light meals.

### THIS WEEK'S HYMNS

**PROCESSIONAL**  
*HOSEA 544*

**COMMUNION**  
*EAT THIS BREAD 511*

**RECESSIONAL**  
*YOU ARE NEAR 673*

### WEEK AT A GLANCE

#### Sunday, February 21

9:45am RCIA (Conference Room)

#### Monday, February 22

4:00pm Legion of Mary (Conference Room)

#### Tuesday, February 23

8:45am Bible Study (Conference Room)  
5:00pm Rosary for Peace (Chapel)

#### Friday, February 26

4:00pm Lenten Fish Fry (Hall)

### COMING EVENTS

#### Sunday, February 28

9:45am RCIA (Conference Room)

#### Monday, March 1

4:00pm Legion of Mary (Conference Room)

#### Tuesday, March 2

8:45am Bible Study (Conference Room)  
5:00pm Rosary for Peace (Chapel)

#### Friday, March 5

8:10am School Mass  
10:00am Testing for Incoming Students  
Grades 1-7  
4:00pm Lenten Fish Fry (Hall)

### ANNUAL CATHOLIC APPEAL UPDATE

Goal \$27,000.00  
Received \$ 5,860.00  
Still Needed \$21,140.00

**REMINDER:** Anything over our goal will go into our building fund.

### K OF C LENTEN FRIDAY FISH DINNERS

The **Knights of Columbus** are your hosts.

**When** Fridays, Feb 26, March 5, 12, & 26

**Cost** \$10/adults and \$5/children

**Family Plan** \$25 (2 adults and up to 4 children)

**Early Bird Special** \$8 for Seniors (4:00 - 5:00pm)

**Note** Pizza is an option for children.

### THE TRADITIONAL WORKS OF MERCY

#### Corporal Works of Mercy:

- » To feed the hungry
- » To give drink to the thirsty
- » To clothe the naked
- » To give shelter to the homeless
- » To visit the sick
- » To ransom the captive
- » To bury the dead

#### Spiritual Works of Mercy:

- » To instruct the ignorant
- » To counsel the doubtful
- » To admonish sinners
- » To bear wrongs patiently
- » To forgive offences willingly
- » To comfort the afflicted
- » To pray for the living and the dead

**Many of these works of mercy are depicted in the stained glass windows of our church, and their quality merits closer examination.**

### ALTAR SOCIETY DAY OF RECOLLECTION

The St. Vincent Altar Society would like to invite all women of the parish to join them as they celebrate a **Day of Recollection on Tuesday, March 2<sup>nd</sup>** led by the ever popular, Fr Lawrence Agi, chaplain at Mercy Hospital. Following coffee and donuts at 9:00am in the Church Hall, Fr Agi will give a talk, hear confessions, and celebrate mass. A catered lunch will be served at noon followed by another talk and a closing prayer at 2:30pm. For reservations please call Janet Cooper at 619.296.1438 no later than February 21<sup>st</sup>. **Reservations are a must!** No cost to Altar Society members; \$20 for non-members.

### MASS INTENTIONS

Saturday, Feb 20 5:00pm + **Victoria Kopa** (*Celentino/Finete Families*)  
Sunday, Feb 21 8:45am + **Connie Canedo** (*Isabella Virgilio & Family*)  
10:30am + **David Donlon** (*Phyllis Carroll*)  
Monday, Feb 22 7:30am **St Joseph** (*Mary & Julie Santa Cruz*)  
Tuesday, Feb 23 7:30am **Blackmore Family** (*Kathleen & Robert Natapow*)  
Wednesday, Feb 24 7:30am **Thanksgiving to St Jude** (*Patricia Wells*)  
Thursday, Feb 25 7:30am + **Deceased Members of the Legion of Mary**  
Friday, Feb 26 7:30am + **Sandy Torcellini** (*Her Family*)  
Saturday, Feb 27 5:00pm + **Gabriele Malaspina** (*Braun Family*)

**MASS CARDS ARE AVAILABLE IN THE CHURCH OFFICE.**

**RCIA** Sunday 9:45am in the Conference Room 619.299.3880

**Marriage**  
Nine months preparation required

**CCD (Catechism)**  
Grades 1-6, Monday 3:30-4:30pm  
Parish Office 619.299.3880

**Baptism**  
Call Parish Office for appointment

### Parish Directory

**Altar Society** 295.4041  
**Bible Study** 299.3880  
**Ministry to Homebound** 295.1777  
**Convent** 296.1404  
**Eucharistic Ministry and Lectors** 299.3880  
**Evangelization** 299.3881  
**Italian Catholic Fed.** 299.3880

### Parish Directory (continued)

**Knights of Columbus**  
Jeff Ostrowski 726.4221  
**Legion of Mary** 299.6414  
**Vocations** 299.3880  
**Youth/Confirmation**  
Kevin Diamond 549.6143  
**Children's Chapel**  
available to the left of the Choir area

### PARISH SICK LIST, PLEASE PRAY FOR . . .

Shirley & Joe Anfusio, Alicia Bellantoni, Joyce Braun, Barbara Burgamy, Alicia Contreras, Joe Damato, Rosemary Ghosn, Pat Gowen, Rita Hacherl, Mary Hayden, Harriet Klosek, Marion Marotta, Donald James Metry, Jim Meyers, Mary Mickelson, Amy Mickelson, Laurel Milne, Susan Sheehan, Bill Southwell, Antonia Tilotta,

### REMEMBER TO SAVE THE DATE

Saturday, March 27 (6:00 to 11:00pm) for the **2<sup>nd</sup> Annual Mission Hills Wine & Food Tasting & Auction** Benefiting Saint Vincent School  
Tickets \$75/person before 22 February, \$85 thereafter  
For a complete list of participating Wineries, Restaurants and auction details go to [www.svscatholic.org](http://www.svscatholic.org).

### WORLD DAY OF PRAYER

World Day of Prayer is a worldwide ecumenical movement of women of many faith traditions who come together to observe a common day of prayer each year on the first Friday in March. This year they will be meeting at Green Manor, March 5<sup>th</sup> at 10:00am. Please contact Jean Hughes [jeancee@hotmail.com](mailto:jeancee@hotmail.com) or 619-299-3075.

### NEED A GOOD READ?

**SEVEN LAST WORDS** written by Timothy O. P. Radcliffe. This is a beautiful book. The reflections are vintage Radcliffe, personal and warm. Fr Timothy uses his collection of lovely crosses as a platform from which he dives into his reflections on the seven last words of the crucified Christ. Each reflection takes a while, since one can't just read though it, but instead has to take time to savor and internalize, to experience with Fr Timothy the depth of meaning in each word.

**DONUT SHOP** will be open on **Feb. 21** and donations are always appreciated.

### EUCCHARISTIC MINISTERS

**Sat, Feb 20 5:00pm** \*Anne-Marie Jewel, Anthony Torregiani  
**Sun, Feb 21 8:45am** \*Karen Padilla, Flavia Soria  
**10:30am** \*Laurie & Phil Klein

**Sat, Feb 27 5:00pm** \*Anne-Marie Jewel, Lucy Abernathy  
**Sun, Feb 28 8:45am** \*Virginia Gerache, Maria Varagnolo  
**10:30am** \*Carl Howell, Jim Reily

### ALTAR SERVERS

**Sat, Feb 20 5:00pm** Thomas Jewel, Marianno Sanfilippo, Ymar Ascough  
**Sun, Feb 21 8:45am** Maddi Gottfredson, Steven Fanca, Cameron Heon  
**10:30am** Nikki Borg, Lourdes Acosta, Elizabeth Hartmeier

**Sat, Feb 27 5:00pm** Cristina Savaglio, Nina Caudill, Trevor Leweck  
**Sun, Feb 28 8:45am** Pete & Andy Cardona, Talia Hill  
**10:30am** Denis & Tito Howell, Erik Woods

### Words of Wisdom

*In order to succeed, you must first be willing to fail.*

### ADVERTISER APPRECIATION

Thank you to our advertiser

### FRAZEE

who helps to pay for our printing expenses each week. Please show your appreciation by supporting our fine advertisers as the occasion arises.

### More Words of Wisdom

*The first step toward creating an improved future is developing the ability to envision it.*

### TODAY'S MUSIC

by Dag Munck, Music Director

**The Prelude** is the *Adagio in G minor for Strings and Organ* by Tomasso Albinoni (1671-1751).

**The Offertory** selection is the *9th Movement (Thy Will Be Done)* from the *St John's Passion* by J.S. Bach. **The Communion** selection is the *Qui Tollis* from the *B minor Mass* by J.S. Bach (1685-1750).

**The Postlude** is the *Prelude and Fugue in G minor* by J.S. Bach.

### STATIONS OF THE CROSS

All parishioners are invited to participate each Friday of the Lenten season beginning at 4:00pm.

### PRINCIPAL'S CORNER

Our **first breakfast** on a school morning was very successful and a great start to a very exciting day. All were represented: morning mass goers, parents and students from our K-8 program, little smiling preschoolers accompanied by their parents, siblings and friends. **Our thanks to Mrs. Gilbert, Student Council, parents, and teachers who supported the event.** The energy from the hot chocolate and homemade muffins continued throughout the day as the classes celebrated Saint Valentine.

Our **Big Bash Committee** continues to be busy preparing for our annual fundraiser. Event tickets will cost \$85.00 after February 22nd. **Buy yours while they are still \$75.00.** We would love to have the honor of your company and our students will appreciate your generous support. **The committee is still accepting donations for the auction.** Please contact the school or parish office if you have questions. Scrip is always available for your convenience. Thank you for supporting this school program. We appreciate your support. Let us remember each other in prayer during the Lenten Season.